

Help for Husbands Course

LESSON #4 IN REVIEW

Nourishing Your Wife – Her Physical Needs

A good husband must take care of his wife's physical needs. A formula to help fulfil this responsibility is: Protection + Provision = Security.

1. Protection –

Men must be the protectors of women and children. *“Be of good courage, and let us **play the men for our people**, and for the cities of our God: and the LORD do that which seemeth him good.”* (2 Samuel 10:12)

Jesus lived and died for His wife, the church: *“Husbands, love your wives, even as **Christ also loved the church, and gave himself for it;**”* (Ephesians 5:25)

Surely if we should lay down our lives for the brethren, ought not we also lay down our lives for our wives? *“Hereby perceive we the love of God, because he laid down his life for us: and **we ought to lay down our lives for the brethren.**”* (1 John 3:16)

2. Provision –

“But if any provide not for his own, and specially for those of his own house, he hath denied the faith, and is worse than an infidel.” (1 Timothy 5:8)

An infidel is one who not only hates Christ, but also wars against Him. A man who doesn't provide for his wife and family is **worse** than an infidel.

Men should work hard to provide for their families.

“For even when we were with you, this we commanded you, that if any would not work, neither should he eat. For we hear that there are some which walk among you disorderly, working not at all, but are busybodies. Now them that are such we command and exhort by our Lord Jesus Christ, that with quietness they work, and eat their own bread. But ye, brethren, be not weary in well doing. And if any man obey not our word by this epistle, note that man, and have no company with him, that he may be ashamed.” (2 Thessalonians 3:10-14)

“Man goeth forth unto his work and to his labour until the evening.” (Psalm 104:23)

Men should be wise in their financial dealings. *“...strong men retain riches.”* (Proverbs 11:16b)

3. Security

The main reason a woman marries a man is for security. We should give her emotional security (Lesson #2). We should also give her physical security by protection and provision.

A few men cannot do this because of disability, but most are able to. To most men who are able to work hard, here are some suggestions on how to make your wife feel secure:

- Work hard.
- Have a budget.
- Save money.
- Pay all bills on time.
- Have life insurance.
- Have health insurance.
- Have car insurance.
- Have homeowner's insurance.
- Have good locks on your doors.
- Take good care of her children.
- Protect her children.
- If you have a cell phone, let her carry it when she goes out.
- Use car seats for the kids.
- If you have a gun, know how to use it, and teach her how to use it.
- Investigate when she hears strange noises in the car, washing machine, dryer, dish washer, furnace, house, etc.
- Give her spending money – over and above money you give her for food, gas, diapers, etc. Give her as much or more than you spend on yourself, your hobbies, your tools, your interests, etc.
- Provide her with a house. Boys should start saving for a house by the time they are 10. Jesus is preparing a house for His bride *before* he comes to get her.
- Make her house a castle. Modestly, but special. Do at least one special thing for her house or yard each year.
- Buy her things she needs.
- Buy her things she doesn't need! One famous preacher said, “I'll never go broke buying things for myself, but I will go broke buying things for my wife.”