

God wants our bodies to be pure. God said in *I Corinthians 3:16,17* "Know ye not that ye are the of God, and that the Spirit of God dwelleth in ? If any man defile the temple of God, him shall God destroy; for the temple of God is , which temple ye are."

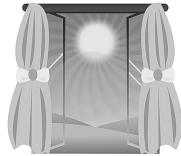
If you are a Christian, the Holy Spirit dwells (lives) in your body, so take good care of it! Also read *I Corinthians 6:19,20*. Since God owns our body, we should keep every part clean from sin and anything that could harm it. Do you know what God's word says about the body?

>> The Mind.

Philippians 4:8 "Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are , whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, on these things."

Keep your thoughts pure.

II Corinthians 10:5 "Casting imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every to the obedience of Christ;" Keep your imagination pure. Bad tv and websites give you dirty imaginations.



>> The Mouth.

Luke 6:45 "A good man out of the good treasure of his bringeth forth that which is good; and an evil man out of the evil treasure of his bringeth forth that which is evil: for of the abundance of the heart his mouth speaketh."

Swearing and cursing is wrong! It should never come out of your mouth. If you are listening to music or watching shows that have swearing in them, turn them off! They will fill your heart with evil, and it will eventually come out your mouth.

>> The Heart.

Proverbs 23:7 "For as he in his heart, so is he: ..."

Keep your heart pure by staying away from wrong pictures, books, magazines, and videos. *Luke 10:27* "And he answering said, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy ; and thy neighbour as thyself."

Make sure your love for God shines brighter than your love for sports, friends, clothes, money, or anything else!



>> The Hands.

Proverbs 16:29 "A man enticeth his neighbour, and leadeth him into the way that is not good."

Don't use your hands to fight—use your hands for right!

Proverbs 15:3 "The of the LORD are in every place, beholding the evil and the good."

God sees everything you do with your hands. Don't use them to do drugs, smoke, drink alcohol, steal, or touch someone in the wrong way.



>> The Feet.

Micah 6:8 "He hath shewed thee, O man, what is good; and what doth the LORD require of thee, but to do justly, and to love mercy, and to humbly with thy God?"



Before you go anywhere, ask yourself, "Would Jesus go there?" Always walk with God.

Proverbs 13:20 "He that walketh with shall be wise: but a companion of shall be destroyed."

Stay in the good crowd (church, good friends, good family members). Stay away from the wrong crowd (people who want you to do bad things). You will become like the people you hang around.

>> The Appearance.

I Corinthians 11:14-15 "Doth not even nature itself teach you, that, if a man have hair, it is a unto him? But if a woman have long hair, it is a to her: for her hair is given her for a covering."

Girls should have long hair, and boys should have short hair.

I Timothy 2:9 "In like manner also, that women adorn themselves in apparel, with shamefacedness and sobriety; not with hair, or gold, or pearls, or costly array;"

Girls should dress properly, and wear loose-fitting (modest) clothes.

Galatians 5:19 "Now the works of the are manifest, which are these; Adultery, fornication, **uncleanness**, lasciviousness"

Be clean. Wash your hair and body often. Don't be known as a dirty person.



God cares what you do to your body. Take care of yourself. Live as long as you can for God by keeping yourself pure.