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Have a great marriage & want to keep it that way?
Thinking about getting married someday?
Need a marriage tune-up?

Marriage 101

a five-lesson course on marriage taught at the
Faith Bible Baptist Church
of Eden, New York



These five lessons contain 10 principles to establish a good marriage upon.
This is a Biblically based course of study.
Studies show that **pre-marital counseling**
helps marriages to have an **80% plus success rate!**
May God bless your preparation for this life long commitment.

Marriage 101

by Pastor Art Kohl

Scripture verses in this seminar booklet
are from the King James Holy Bible.



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This booklet is to be used with five lessons taught by Pastor Kohl.
They are available in a ⁵ CD Set, ⁵ Cassette Tape Album ,
or on the Internet for free in RealAudio format.

Go to www.fbbc.com or call 716-992-2091 for details on obtaining the messages.

Dear Friend,

Welcome to Marriage 101.

These principles taught in the five messages (about 40 minutes each) are a compilation of many influences on my life from various sources, books and life experiences. These are shared with you, not so that you will just “stay married,” but so you will enjoy it for a lifetime and be happy!

This notebook also contains additional information not eluded to in the lessons. We hope you will find it helpful.

Take good notes! As you listen to the messages write down the points that really strike home with you. Be humble and willing to change where ever possible to become a better mate. Ask the Lord to help you.

I believe the church is an “extension of the home.” Our church is trying to build strong marriages and families. We believe they are helped most by entering into a personal relationship with God through His Son Jesus Christ.

We extend this invitation to join us for services this Sunday at 10:50 AM or 6:30 PM and on Wednesdays at 7 PM. Visit our website also at www.fbbc.com. You can listen to sermons on Real Audio Page if you have those capabilities. We are here to serve you.

May God bless and help you,

Arthur F. Kohl

Pastor Art Kohl

Marriage 101 Principle 1

Marriage is a _____

Scriptures:

Matthew 19:4-6

⁴ And he answered and said unto them, Have ye not read, that he which made them at the beginning made them male and female, ⁵ And said, For this cause shall a man leave father and mother, and shall cleave to his wife: and they twain shall be one flesh? ⁶ Wherefore they are no more twain, but one flesh. What therefore God hath joined together, let not man put asunder.

Matthew 19:8-9

⁸ He saith unto them, Moses because of the hardness of your hearts suffered you to put away your wives: but from the beginning it was not so. ⁹ And I say unto you, Whosoever shall put away his wife, except it be for fornication, and shall marry another, committeth adultery: and whoso marrieth her which is put away doth commit adultery.

Ecclesiastes 5:4-6

⁴ ¶ When thou vowest a vow unto God, defer not to pay it; for he hath no pleasure in fools: pay that which thou hast vowed. ⁵ Better is it that thou shouldest not vow, than that thou shouldest vow and not pay. ⁶ Suffer not thy mouth to cause thy flesh to sin; neither say thou before the angel, that it was an error: wherefore should God be angry at thy voice, and destroy the work of thine hands?

Notes:

Marriage 101 Principle 2

Marriage is a _____

Scriptures:

Genesis 2:23,24

²³ And Adam said, This is now bone of my bones, and flesh of my flesh: she shall be called Woman, because she was taken out of Man.

²⁴ Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh.

Amos 3:3

³ Can two walk together, except they be agreed?

Ecclesiastes 4:9-12

⁹ Two are better than one; because they have a good reward for their labour.

¹⁰ For if they fall, the one will lift up his fellow: but woe to him that is alone when he falleth; for he hath not another to help him up.

¹¹ Again, if two lie together, then they have heat: but how can one be warm alone?

¹² And if one prevail against him, two shall withstand him; and a threefold cord is not quickly broken.

Notes:

Marriage 101 Principle 3

Marriage is _____

Scriptures:

Ephesians 5:18-21

¹⁸ And be not drunk with wine, wherein is excess; but be filled with the Spirit;

²¹ Submitting yourselves one to another in the fear of God.

Philippians 2:5-8

⁵ Let this mind be in you, which was also in Christ Jesus:

⁶ Who, being in the form of God, thought it not robbery to be equal with God:

⁷ But made himself of no reputation, and took upon him the form of a servant, and was made in the likeness of men:

⁸ And being found in fashion as a man, he humbled himself, and became obedient unto death, even the death of the cross.

Notes:

Marriage 101 Principle 4

Marriage is _____

Scriptures:

Ephesians 4:31-32

³¹ Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be **put away** from you, with all malice: ³² And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.

Ephesians 5:33

Nevertheless let every one of you in particular so love his wife even as himself; and the wife see that she reverence her husband.

1 Peter 3:1-7

¹ Likewise, ye wives, be in subjection to your own husbands; that, if any obey not the word, they also may without the word be won by the conversation of the wives; ² While they behold your chaste conversation coupled with fear. ³ Whose adorning let it not be that outward adorning of plaiting the hair, and of wearing of gold, or of putting on of apparel; ⁴ But let it be the hidden man of the heart, in that which is not corruptible, even the ornament of a meek and quiet spirit, which is in the sight of God of great price. ⁵ For after this manner in the old time the holy women also, who trusted in God, adorned themselves, being in subjection unto their own husbands: ⁶ Even as Sara obeyed Abraham, calling him lord: whose daughters ye are, as long as ye do well, and are not afraid with any amazement. ⁷ Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life; that your prayers be not hindered.

Notes:

Marriage 101 Principle 5

Marriage is _____

Scriptures:

Proverbs 13:10

Only by pride cometh contention:
but with the well advised is wisdom.

Proverbs 15:1

A soft answer turneth away
wrath: but grievous words stir up
anger.

Proverbs 25:15

By long forbearing is a prince
persuaded, and a soft tongue
breaketh the bone.

Proverbs 31:28

Her children arise up, and call
her blessed; her husband also,
and he praiseth her.

Hebrews 4:16

Let us therefore come boldly unto
the throne of grace, that we may
obtain mercy, and find grace to
help in time of need.

Notes:

- Communication is not _____ .
- Communication is not _____ .
- Communication is _____ what the other partner said.

Jesus communicated to us both
_____ and in _____
form.

Marriage 101 Principle 6

Marriage is _____

Scriptures:

Colossians 3:19

Husbands, love your wives, and be not bitter against them.

Ephesians 5:25

Husbands, love your wives, even as Christ also loved the church, and gave himself for it;

Titus 2:4

That they may teach the young women to be sober, to love their husbands, to love their children,

1 Corinthians 13:4-8

⁴ Charity suffereth long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up, ⁵ Doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil; ⁶ Rejoiceth not in iniquity, but rejoiceth in the truth; ⁷ Beareth all things, believeth all things, hopeth all things, endureth all things. ⁸ Charity never faileth: but whether there be prophecies, they shall fail; whether there be tongues, they shall cease; whether there be knowledge, it shall vanish away.

Notes:

1. Love _____
2. Love _____
3. Love is _____
4. Love doesn't _____ on _____
5. Love is _____
6. Love is not _____
7. Love is not _____
8. Love does not _____
9. Love keeps no _____ of _____
10. Love does not _____ in _____
11. Love _____ in _____
12. Love _____ each others' _____
13. Love _____
14. Love never _____
15. Love always _____

Marriage 101 Principle 7

Marriage is _____ - _____

Scriptures:

1 Corinthians 11:3

But I would have you know, that the head of every man is Christ; and the head of the woman is the man; and the head of Christ is God.

Ephesians 5:23

For the husband is the head of the wife, even as Christ is the head of the church: and he is the saviour of the body.

Ephesians 5:22

Wives, submit yourselves unto your own husbands, as unto the Lord.

Colossians 3:18

Wives, submit yourselves unto your own husbands, as it is fit in the Lord.

1 Peter 3:1

Likewise, ye wives, be in subjection to your own husbands; that, if any obey not the word, they also may without the word be won by the conversation of the wives;

Titus 2:4-5

⁴ That they may teach the young women to be sober, to love their husbands, to love their children,
⁵ To be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed.

Notes:

Marriage 101 Principle 8

Marriage is _____

Scriptures:

Amos 3:3

Can two walk together, except they be agreed?

2 Corinthians 6:14-18

¹⁴ Be ye not unequally yoked together with unbelievers: for what fellowship hath righteousness with unrighteousness? and what communion hath light with darkness?¹⁵ And what concord hath Christ with Belial? or what part hath he that believeth with an infidel? ¹⁶ And what agreement hath the temple of God with idols? for ye are the temple of the living God; as God hath said, I will dwell in them, and walk in them; and I will be their God, and they shall be my people. ¹⁷ Wherefore come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you, ¹⁸ And will be a Father unto you, and ye shall be my sons and daughters, saith the Lord Almighty.

Proverbs 22:24

Make no friendship with an angry man; and with a furious man thou shalt not go:

Proverbs 21:9

It is better to dwell in a corner of the housetop, than with a brawling woman in a wide house.

Proverbs 21:19

It is better to dwell in the wilderness, than with a contentious and an angry woman.

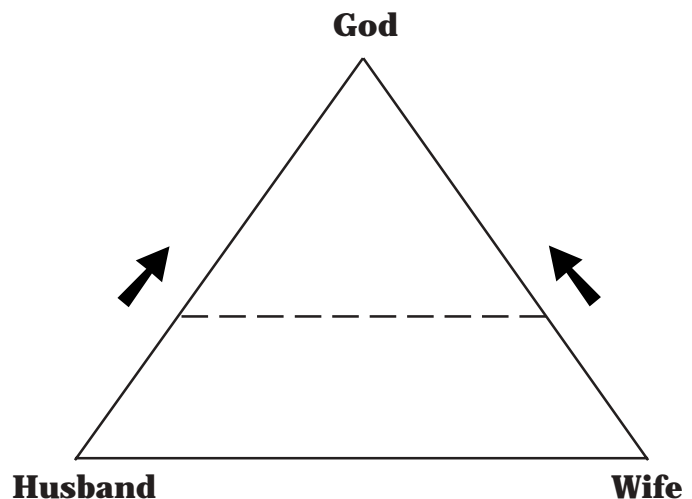
1 Peter 3:7

Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life; that your prayers be not hindered.

Ecclesiastes 4:9-12

⁹ Two are better than one; because they have a good reward for their labour. ¹⁰ For if they fall, the one will lift up his fellow: but woe to him that is alone when he falleth; for he hath not another to help him up. ¹¹ Again, if two lie together, then they have heat: but how can one be warm alone? ¹² And if one prevail against him, two shall withstand him; and a threefold cord is not quickly broken.

Notes:



Marriage 101 Principle 9

Marriage is _____

Scriptures:

Deuteronomy 24:5

When a man hath taken a new wife, he shall not go out to war, neither shall he be charged with any business: but he shall be free at home one year, and shall cheer up his wife which he hath taken.

Genesis 26:8

And it came to pass, when he had been there a long time, that Abimelech king of the Philistines looked out at a window, and saw, and, behold, Isaac was sporting with Rebekah his wife.

Proverbs 5:15-19

¹⁵ Drink waters out of thine own cistern, and running waters out of thine own well. ¹⁶ Let thy fountains be dispersed abroad, and rivers of waters in the streets. ¹⁷ Let them be only thine own, and not strangers' with thee. ¹⁸ Let thy fountain be blessed: and rejoice with the wife of thy youth. ¹⁹ Let her be as the loving hind and pleasant roe; let her breasts satisfy thee at all times; and be thou ravished always with her love.

1 Corinthians 7:1-5

¹ Now concerning the things whereof ye wrote unto me: It is good for a man not to touch a woman. ² Nevertheless, to avoid fornication, let every man have his own wife, and let every woman have her own husband. ³ Let the husband render unto the wife due benevolence: and likewise also the wife unto the husband. ⁴ The wife hath not power of her own body, but the husband: and likewise also the husband hath not power of his own body, but the wife. ⁵ Defraud ye not one the other, except it be with consent for a time, that ye may give yourselves to fasting and prayer; and come together again, that Satan tempt you not for your incontinency.

Hebrews 13:4

Marriage is honourable in all, and the bed undefiled: but whore-mongers and adulterers God will judge.

Notes:

1. For P _____

2. For P _____

3. For P _____

Marriage 101 Principle 10

Marriage is a _____

Scriptures:

Exodus 20:14

Thou shalt not commit adultery.

Galatians 5:19

Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness,

1 Corinthians 6:18

Flee fornication. Every sin that a man doeth is without the body; but he that committeth fornication sinneth against his own body.

1 Thessalonians 5:22

Abstain from all appearance of evil.

2 Corinthians 10:5

Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

Proverbs 31:11

The heart of her husband doth safely trust in her, so that he shall have no need of spoil.

Notes:

What Marriage Takes

Mere love is not enough
To make a marriage great,
It takes the love of God
To be a winsome mate.

Mere love is not enough
To avoid marriage strife,
It takes a God-filled man
To love and praise his wife.

Mere love is not enough
To make a marriage stand,
It takes a Christ-like wife
To love and lift her man.

It takes the love of God
To make a marriage heaven –
Love that gives and forgives
Seventy times seven!

The man's five most basic needs
in marriage are:

1. Sexual fulfillment
2. Recreational companionship
3. An attractive spouse
4. Domestic support
5. Admiration

The woman's five most basic needs
in marriage are:

1. Affection
2. Conversation
3. Honesty and Openness
4. Financial support
5. Family commitment

Romance in Marriage: Ten Steps to Keep the Flame Alive

by Bob & JoBeth Hooker

1. Date your wife. Never get so busy that you cannot enjoy an evening together.
2. Give her plenty of compliments, especially if she is a stay at home mom.
3. Surprise her. Occasionally catch her off guard by giving her something a little unexpected.
4. Don't make every caress a warm-up to the intimate marital relationship.
5. Meet her needs in the bedroom. Be sensitive to her needs instead of hurrying to fulfil your own.
6. Kiss more. Women like to kiss.
7. Realize that a woman's motivation for intimacy is found in her thought processes more than physical contact.
8. Learn to discuss your intimacy more in terms of relationship than the pleasure of physical contact.
9. Don't concern yourself with who is doing more in the relationship: you or her.
10. Don't try to solve every problem. Simply hold her and tell her everything is going to be alright.

The Touch of the Master's Hand

'Twas battered and scarred, and the auctioneer
Thought it scarcely worth his while
To waste much time on the old violin,
But he held it up with a smile.
“What am I bidden, good folks,” he cried,
“Who'll start bidding for me?
A dollar, a dollar - now who'll make it two _
Two dollars, and who'll make it three?

“Three dollars once, three dollars twice,
Going for three”. . . but no!
From the room far back a gray-haired man
Came forward and picked up the bow;
Then wiping the dust from the old violin,
And tightening up the strings,
He played a melody, pure and sweet,
As sweet as anyone sings.

The music ceased and the auctioneer
With a voice that was quiet and low,
Said: “What am I bidden for the old violin?”
And he held it up with the bow;
“A thousand dollars - and who'll make it two?
Two thousand - and who'll make it three?
Three thousand once, three thousand twice
And going - and gone,” said he.

The people cheered, but some of them cried,
“We do not quite understand -
What changed its worth?” The man replied:
“The touch of the masters hand.”
And many a man with life out of tune,
And battered and torn with sin,
Is auctioned cheap to a thoughtless crowd.
Much like the old violin.

A “mess of pottage,” a glass of wine,
A game and he travels on,
He's going once, and going twice -
He's going - and almost gone!
But the Master comes, and the foolish crowd,
Never can quite understand,
The worth of a soul, and the change that's wrought
By the touch of the Master's hand.

~Myra B. Welch

Ecclesiastes 3:11a,
“He hath made every thing beautiful in his time:...”

Rules for a Happy Marriage

by Dr. Virgil Arrowood

→ **Seek a Christian mate.** 2 Corinthians 6:14 says, "Be ye not unequally yoked together with unbelievers: for what fellowship hath righteousness with unrighteousness? and what communion hath light with darkness?" The foundation of true love is the love of Christ in both hearts – so they are one in spirit, interests, and activities. Seek the Lord's leading to the right mate. Genesis 2:18, "And the LORD God said, It is not good that the man should be alone; I will make him an help meet for him."

→ **Keep yourself clean.**

1. Keep yourself morally clean. You want a pure mate, and your mate has just as much right to expect purity. The seventh commandment says, "Thou shalt not commit adultery." (Exodus 20:14). Hebrews 13:4 says, "Marriage is honourable in all, and the bed undefiled: but whoremongers and adulterers God will judge." A husband can safely trust a virtuous wife: Proverbs 31:10-11, "Who can find a virtuous woman? for her price is far above rubies. The heart of her husband doth safely trust in her, so that he shall have no need of spoil."
2. Keep yourself physically clean. It's not a disgrace to be dirty, but it is a disgrace to stay dirty! Watch out for dirty habits such as tobacco and alcohol. Watch what you put in your mind. Keep your house and kids clean, too.
3. Keep yourself financially clean. Be a good manager of the money God has given you. Live within your income, and let the Jones' go! Husbands, it is your responsibility to provide for your family. "But if any provide not for his own, and specially for those of his own house, he hath denied the faith, and is worse than an infidel." (1 Timothy 5:8) Don't be lazy! Proverbs 6:6-11 warns of this danger, "Go to the ant, thou sluggard; consider her ways, and be wise: Which having no guide, overseer, or ruler, Provideth her meat in the summer, and gathereth her food in the harvest. How long wilt thou sleep, O sluggard? when wilt thou arise out of thy sleep? Yet a little sleep, a little slumber, a little folding of the hands to sleep: So shall thy poverty come as one that travelleth, and thy want as an armed man." Wives need to support their husbands in this endeavor, "...a prudent wife is from the LORD." (Proverbs 19:14b).

→ **Be a good mate.** Face problems together. Learn that "what is good both is best for each." Remember: marriage comes first and lasts long after the children have grown and flown. Appreciate each other, and tell each other so in many ways. Love each other and practice it. Proverbs 3:27 says, "Withhold not good from them to whom it is due, when it is in the power of thine hand to do it." The three sweetest words in our language are "I love you." Use this key to happiness often!

→ **Have your own home.** Genesis 2:24 says, "Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh." Receive advice courteously, but make your own decisions in counsel together.

→ **Keep from nagging and belittling.** Proverbs 27:15 says, "A continual dropping in a very rainy day and a contentious woman are alike." Proverbs 14:1 tells ladies, "Every wise woman buildeth her house: but the foolish plucketh it down with her hands." These verses apply to men, too. It would do us all well to learn Proverbs 15:1, "A soft answer turneth away wrath: but grievous words stir up anger." You are mates, not antagonists!

→ **Keep family secrets from being peddled abroad.** The Bible says older women are to "teach the young women to be sober, to love their husbands, to love their children, **To be discreet**, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed." (Titus 2:4,5). Proverbs 11:22 warns women "As a jewel of gold in a swine's snout, so is a fair woman which is without discretion."

→ **Have a Christian home.** Children and neighbors are quick to learn through inconsistency and hypocrisy. Live like a Christian 24 hours a day. Husbands and wives need to know their God-given roles. Ephesians 5:22&25 spell these out, "Wives, submit yourselves unto your own husbands, as unto the Lord...Husbands, love your wives, even as Christ also loved the church, and gave himself for it;" Lead your own children to Christ in the home. Have family devotions. Remember Proverbs 22:6, "Train up a child in the way he should go: and when he is old, he will not depart from it." Teach your children their roles in your family, also. "Children, obey your parents in the Lord: for this is right. Honour thy father and mother; (which is the first commandment with promise;) That it may be well with thee, and thou mayest live long on the earth. And, ye fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord." (Ephesians 6:1-4)

Booklets By Pastor Kohl

- **Personal Prayer Booklet**
- **Mistakes For Fathers To Avoid** - This is the story of twelve fathers and their sins with the consequences it had on their families. Must reading for all fathers and fathers-to-be.
- **How To be The The Ideal Husband** - This booklet is only for men already married, or those engaged to be married as a prenuptial study of preparation. Covers five needs of every wife: Material, Emotional, Social, Spiritual and Physical.
- **Parenting: Corporal Correction of Children** - A Bible study booklet aimed to show you the proper way God wants us to discipline our Children.
- **Rethinking Dating** - This booklet looks at biblical principles that dating violates and distracts from. It concludes with a chapter on how to get married. An audio version on cassette tape with additional comments is also available.
- **Visitation & Soul Winning Manual**
- **The Bible, Did God Write It?** - Here is a good question: If God did write a book, which book is it? Is it the Bible we know? Or is that just a collection of legends, myths and fables? Could men have conspired to write a book that has deceived millions down through the ages? That would have to be the greatest conspiracy ever!
- **The Pastor: Feeder, Leader, Pray-er** - A Bible Study on the local N. Testament church Pastor!
- **Political Science and the Bible** - The Bible is our moral compass!
- **Homiletics - The Art & Science of Preaching**
- **Why Are Men So Angry Today?** - Reasons men are often angry today.
- **Prayer 101** - Bible study on prayer.
- **Enchanters & Charmers** - A warning to avoid today's TV Style evangelists.

Rediscovering New Testament Christian Womanhood Series:

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- **Biblical Womanhood Defined - What does it really mean to be feminine?** - For Ladies Only!
- **Should A Christian Mother Work Outside The Home?** - Covers such topics as: "What Saith The Scriptures?," "When Might A Christian Mother Work Outside The Home?," "What's A Women To Do All Day?," and "How About A Home Based Business?"

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